

University of New Haven

CHARGERS CARE PLEDGE

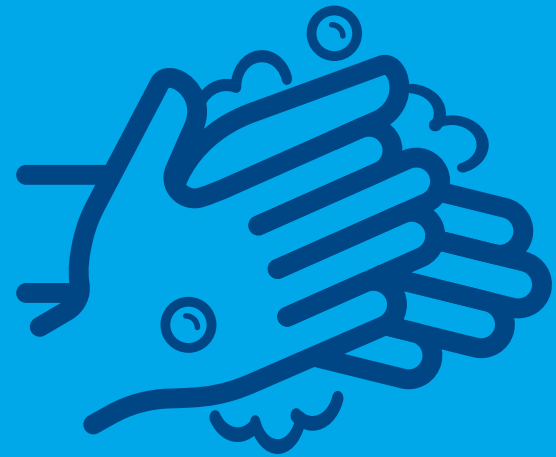
TO HELP STOP THE SPREAD OF COVID-19

We pledge to **care for ourselves.**

We pledge to **care for others.**

We pledge to **care for our Charger community.**





CARE *for* MYSELF

University of New Haven

- **Monitor for the symptoms** of COVID-19 (fever, dry cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or loss of taste or smell). **If I experience any symptoms I will report to a medical professional immediately.**
- **Wash my hands often** with soap and water and/or use hand sanitizer.
- Engage in **COVID-19 screening, testing**, and other measures to protect myself from harm.
- Practice **holistic wellness** to support my social, physical, nutritional, financial, mental, spiritual, and intellectual needs.





CARE

for

EACH OTHER

University of New Haven

- Maintain appropriate **physical distancing** in both on and off-campus settings to protect our community and beyond.
- **Stay in my residence if I feel ill or after exposure** to someone who tested positive for COVID-19.
- Wear an appropriate **face covering** and other protective gear as directed by the University.
- Recognize when other members of the community may be struggling and **support** them to find appropriate resources.





CARE

for the

CHARGER COMMUNITY

University of New Haven

- Identify, support, and educate others on the **Chargers Care Pledge** to ensure the health of our campus community.
- Keep clothing, belongings, personal spaces, and shared common spaces **clean**.
- **Engage in testing and contact tracing** to preserve the wellness of the community.
- Carefully **observe instructional signs** and **follow directions** as provided by the University.

