



Welcome to the 2020-2021 Academic Year

FAMILIES ARE AN IMPORTANT PART OF THE FABRIC OF THE UNIVERSITY COMMUNITY

The Dean of Students Office welcomes our new Charger families and those who are returning for another great year.

We have created a monthly newsletter to help you stay connected to the campus community, provide you with some valuable resources, and share upcoming events and initiatives happening on campus.



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SUPPORTING YOUR STUDENT:

TIME MANAGEMENT

- There are great applications out there to download on any phone to help students organize classes, meetings and assignments.
- Most professors will distribute their syllabus on the first day of class. Students should review it and note all important dates.

SAFETY

- Students are encouraged to download the LiveSafe app on any phone.
- Students should always walk in a group (while practicing safe social distancing and face covering requirements) and carry cell phone.
- Keep up to date on Covid-related questions and changes on the University's [Covid-19 page](#).

HIPPA AND FERPA

It is important to note the levels



Family Educational Rights and Privacy Act (FERPA)

of confidentiality in place that must be upheld by law at the University. The Family Education Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA) regulate what information can be shared with parents and family members. Your student is the best source of information and you should always default to them with your questions. Frequently checking in with your

student about their academic, personal, and conduct standing at the University will help to keep you connected. Each year, ALL students are prompted to complete the FERPA waiver online in myCharger (students need to complete each year).



COLLABORATION AND COMMUNICATION

In order for members of the Division of Student Affairs to meet your expectations, work with your student, and make their experience at the University of New Haven a positive one, we ask that you partner with us.

HELP YOUR STUDENT TO COMMUNICATE THE PROBLEM

Helping your student to develop their personalized communication style is important. They need to ask for help, advocate for their needs, seek solutions to problems, and tell someone when something is going wrong. A great way you can support them in doing this is to role play what a possible conversation with a faculty or staff member might be like or help them to create a talking points sheet they can bring with them to a meeting. Help your student to verbalize what they wish to say in a formal meeting and how to seek assistance on their own. This will boost their self-confidence and verbal skills which are essential to their future success after college. There will be meetings with community directors, roommates, success advisors, academic advisors, potential campus employers, and coaches during the first weeks of school. Practice can give your student a sense of confidence to face a potentially anxiety-provoking situation.

ENCOURAGE YOUR STUDENT TO DEVELOP RESILIENCE AND INDEPENDENCE

When your student asks you to fix the problem for them or call/email the University on their behalf, take a deep breath and try to help them see how they can be a part of the solution. This may require reassuring them that they possess the skill set necessary to problem solve or seek out solutions independently. Sometimes, your student just needs to vent. They may not need you to fix anything; instead they just need for you to listen.



HOW YOUR STUDENT CAN STAY INFORMED

Students should always check *Charger Connection* or the *Corq* app for more event details and other great opportunities to get involved!

For more information, students should consult these online sources:

- **Health Services:** www.newhaven.edu/student-life/health-services/parent-information.php
- **Myatt Center:** www.newhaven.edu/student-life/myatt-center-for-diversity-and-inclusion.php
- **International Student Services:** www.newhaven.edu/student-life/international-services/index.php
- **Residential Life:** www.newhaven.edu/reslife
- **Charger REC:** www.newhaven.edu/chargerrec
- **Athletics:** www.newhavenchargers.com
- **CSELO:** www.newhaven.edu/CSELO

SUPPORTING YOUR STUDENT: SOMETIMES YOU JUST NEED TO DROP SOME HINTS....TRY THESE

ACADEMICS:

- “Do you think that if you spent some time in the Library that may help you concentrate on your work more?”
- “At SOAR, we learned that the Center for Learning Resources (CLR), in the lower level of the Library, is a great place to go for extra help. Have you contacted that office yet?”
- “Your success advisor might be a good person to connect with. They are located in the Center for Student Success located on the first floor of Maxcy Hall. Maybe stop by!”

HEALTH AND WELLNESS

- “I saw online that the Rec Center is offering some fun virtual classes Any interest in checking those out?”
- “Feeling under the weather? Health Services is the place to go. Visit them on the lower level of Sheffield Hall and then let me know how it goes.”
- “Want to talk about it? Counseling and Psychological Services can help—and they are confidential. Call to make a virtual appointment.”

ENGAGEMENT

- “You could attend the virtual Student Involvement Fair—I heard it is a great way to see all the clubs and orgs the University has to offer and you can sign up! Attend a virtual Undergraduate Student Government Association (USGA) Meeting too.”
- “Volunteering through the Community Service Office sounds fun! Have you considered it?”

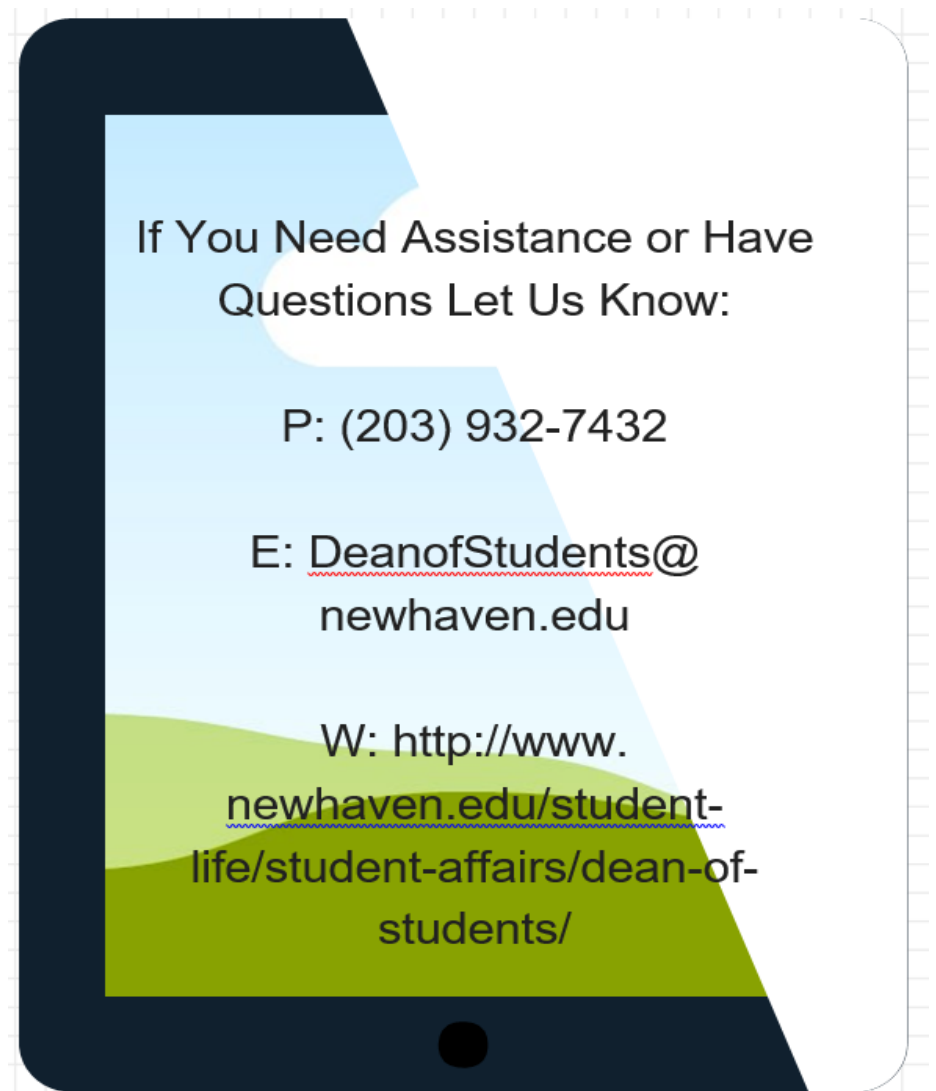
DEVELOPING A RELATIONSHIP WITH FACULTY

College provides students many opportunities to network and learn from faculty. Our faculty members assist students in reaching their academic and professional goals. There may be many challenges your student will face in their college career and the faculty are here to support them.

CONNECTING WITH FACULTY

Below is a list of ways your student can take full advantage of connecting with faculty members beyond the classroom:

- Virtual Office Hours
- Advising
- Email
- Lab Assistance
- Recognized Student Organizations
- Campus Events
- Internships
- Faculty Lead Research



If You Need Assistance or Have
Questions Let Us Know:

P: (203) 932-7432

E: DeanofStudents@
newhaven.edu

W: http://www.
newhaven.edu/student-
life/student-affairs/dean-of-
students/

IMPORTANT INFORMATION FOR AUGUST

Themes for the Month:

- National Immunization Awareness Month
- Medic Alert Awareness Month
- What Will Be Your Legacy Month
- National Wellness Month

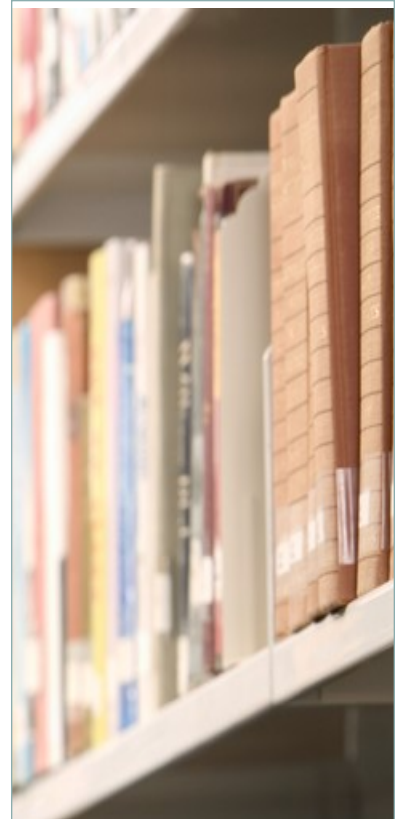
Behaviors/Topics Students May Want to Discuss:

- Anxiety or excitement about new roommate(s).
- Apprehension about making new friends.
- Doubts about school choice for new students or returners contemplating transferring.
- Anxiety about financial situation
- Worry or excitement about academic pursuits.
- Nervousness about staying healthy in this new environment and exposure risks.
- Frustration with new safety regulations and social distancing
Online classes—tired of this plat-

form and frustrated with online learning

Advice for Family Members:

- Plan ahead—don't wait until last minute to check E-Pay, rectify your bill buy supplies, etc. This will aid to yours and your student's stress level.
- Be a co-pilot. Don't take over when things seem scary or hard for your student. Instead, help them navigate this new situation and work through it together.
- Look at the website together and talk about resources on campus and how to ask for help.
- Talk with your student about personal hygiene and safety measures. Plan ahead to purchase supplies like hand sanitizer, rubber gloves, masks, disinfecting wipes, etc. so your student feels prepared to care for their health and safety on campus.



IMPORTANT ACRONYMS AT THE UNIVERSITY

Acronym Definitions:

- GSS-Graduate Student Services
- CSELO-Center for Student Engagement, Leadership and Orientation
- ARC-Accessibility Resources Center
- ChargerREC-Recreation Center
- CAPS-Counseling and Psychological Services

Important Dates in August

Please note that dates may change and the most recent and up to date information in regards to Opening can be found on the [Covid 19 page](#).

Early Arrival Groups Move-In	TBD - group leader will contact you directly
New Student Move-In	August 19, 20 (RSVP through myHousing)
Returning Student Move-In	August 14, 18, 20, 21 (RSVP through myHousing)
Term Start - Classes Start with Flexible Attendance	Monday, August 24
Registration	Week of August 24 (exact dates TBA)